

PARENT & TOT SKATING CLASS

It's Never Too Early or Too Late - Come LEARN TO SKATE! Come Join the Fun!

This class is based on a developmental approach to each child. Each parent and their child will be instructed in the beginning elements of figure skating:



1. How to safely fall and get up again
 2. Skills to enhance balance and posture
 3. Techniques to progress from marching to gliding on the ice
- SUCCESS is measured by how much FUN you're having as well as your INCREASING SKATING SKILLS!



Fall session : 10/12/11 through 12/7/11

Winter session: 1/25/12 through 3/14/12

Cost: \$115.00/pair for each 8-week session

When: Wednesday mornings 10:00 to 10:45

Where: Colonial Figure Skating Club
located at Nashoba Valley Olympia, Rink 2, Boxboro, MA

No previous skating experience required

Skills are taught by a USFS registered and PSA rated coach



What to bring to your skating lesson: • Skates • Helmet • Warm clothing – (ski pants or warm tights, mittens, and jackets) • Knee pads (only for beginners)

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